

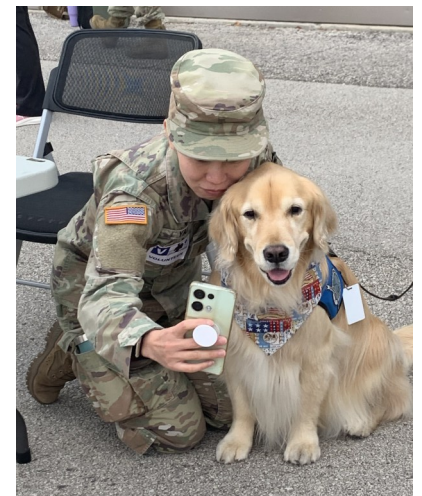
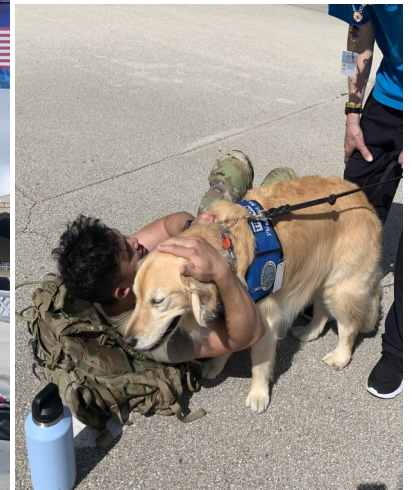


Triton Comfort Dog Ministry

April 2026



On March 2, I headed to San Antonio to Lackland Air Force Base to meet up with my friends for a special event for our soldiers. The Norwegian Foot March ([Marsjmerket](#)) is a grueling 18.6-mile (30 km) endurance event requiring participants to carry a 25 lb (11 kg) rucksack while wearing military uniform or approved gear, usually completed in under 4.5 hours for men (ages 18-49) or 5 hours for women/older participants. Established in 1915 to test Norwegian soldiers' combat readiness, it is now a popular international military and civilian challenge.



The first place time was a male who ran it in 2 hrs. 53 min. The first female soldier ran it in 3 hr. 15 min.
Elijah, Persis, Martha, Joy and I provided a lot of comfort for the runners.

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Ephesians 6:13

